

# COVID-19 Community Resources

	<p>Get vaccine information, and stay informed on updates from the <a href="#">CDC</a> and <a href="#">SCDHEC</a>.</p> <p><b>Tips to Protect Yourself</b></p> <ul style="list-style-type: none"> <li>- Wash your hands frequently with soap and water or alcohol-based rub</li> <li>- Maintain social distancing (6 ft)</li> <li>- Avoid touching eyes, nose &amp; mouth</li> <li>- If you have a fever, cough, and difficulty breathing, seek medical care early</li> <li>- Wear a cloth mask that covers your nose and mouth while in public</li> </ul>
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Health Resources			
<b>Contact Molina Healthcare of South Carolina</b>		<b>Member Services</b>	<b>SC Nurse Advice Line (Members Only)</b>
	<b>Medicaid</b>	(855) 882-3901	English: (844) 800-5155 Spanish: (866) 648-3537
	<b>Molina Dual Options Medicare-Medicaid Plan</b>	(855) 735-5831	
	<b>Marketplace</b>	(855) 885-3176	
<b>Medicare</b>	(844) 526-3195		
<b>Telehealth (Virtual Visits)</b>	<p>Doctor's offices are taking extra measures to ensure your safety and comfort in the office during well or sick visits, and may offer telehealth options. Preventative screenings are key for staying healthy, so it is important to stay on track, even during these difficult times. Call your doctor today to make an appointment. You can also call member services to help you find a doctor and make an appointment.</p> <p>Several South Carolina health systems are offering telehealth options to the public. These options are available to anyone experiencing COVID-19 symptoms in South Carolina.</p> <p> <a href="#">McLeod Telehealth</a> <span style="margin-left: 200px;"><a href="#">Roper St. Francis Healthcare Virtual Care</a></span>  <a href="#">MUSC Health Virtual Urgent</a> <span style="margin-left: 200px;"><a href="#">Beaufort Memorial Hospital</a></span>  <a href="#">Prisma Health Virtual Visit</a> </p>		

MolinaHealthcare.com



<p><b>Mental Health</b></p>	<p><a href="#">Mental Health And COVID-19</a> – Information And Resources  <a href="#">CDC Manage Anxiety &amp; Stress</a>  <a href="#">SCDMH Resources to Help Cope with Coronavirus</a></p>
<p><b>Healthy Habits</b></p>	<p><b>Activity and Nutrition</b></p> <p><a href="#">Tips to Stay Active and Eat Healthy</a>: Physical Activity Resources, Heart-Healthy Recipes  <a href="#">Get Moving From Home</a>  <a href="#">Making Health and Nutrition a Priority During the Coronavirus (COVID-19) Pandemic</a></p> <p><b>Immunizations</b></p> <p>It's important to stay on track with vaccinations for preventable diseases, even during COVID-19. Call your doctor today to schedule an appointment!</p> <p><a href="#">CDC Childhood and Adult Immunization Schedules</a>  <a href="#">SC DHEC Teen Vaccine Checklist</a></p>
<p><b>General Pharmacy Information</b></p>	<p><b>Early Refills</b></p> <ul style="list-style-type: none"> <li>-Molina members can receive early refills of their medications.</li> <li>-Molina members can receive a 90 day supply (original plus 2 early refills)</li> </ul> <p><b>Mail Delivery</b></p> <p>All CVS Pharmacies are set up for mail delivery. Molina Healthcare is offering free 1-2 day delivery for all prescriptions and other essential goods to help combat coronavirus. See how to get started with CVS <a href="#">here</a>.</p> <p><b>Verify your Pharmacy</b></p> <p>Online pharmacies offer great convenience, however, many are unsafe and not legitimate. If you're using an online pharmacy, check <a href="#">here</a> first to verify if the pharmacy is safe &amp; certified. Mail order is available for Marketplace and Molina Dual Options Medicare-Medicaid members.</p> <p><b>Nurse Advice Line</b></p> <p>We also have a Nurse Advice Line that is available 24 hours a day, 7 days a week. The service connects you to a qualified nurse who can give you health care advice in your language and help direct you to where you can get the care that is needed. In case you are not feeling well or have any questions, please call. See the table at the top of the page to find the phone number right for you.</p>

## Education Resources

Use the [SC School District Directory](#) to search your school for updates

<b>At-Home Learning</b>	<a href="#">SC ETV At Home Learning (PreK-12)</a> <a href="#">Walkabouts Active Learning (PreK-2)</a> <a href="#">Laurens County Schools: E-Learning &amp; Printable Learning Packets</a>	
<b>Student Resources</b>	<a href="#">PBS Kids Educational Games</a> <a href="#">National Geographic Kids</a> <a href="#">Google Arts/Culture Virtual Tour</a> <a href="#">Scholastic Learning at Home (PreK-9)</a>	<a href="#">SC State Library Tutoring (K-12)</a> <a href="#">15 at Home Games for Ages 3-5</a> <a href="#">SC Aquarium Virtual Tour</a>
<b>Teacher Resources</b>	<a href="#">Scholastic Learning at Home (PreK-9)</a>	
<b>Internet Service for Students</b>	<a href="#">Spectrum Free Wifi</a> : PreK-12, College Students, Teachers School busses equipped with WiFi will be at various locations for students' internet access <a href="#">Laurens County Schools Wifi</a> <span style="float: right;"><a href="#">Greenville County Schools Wifi</a></span>	

## Financial Resources

		Postponed Service Disconnections	Waive late payment fees
<b>Utility Assistance</b>	<a href="#">Duke Energy</a>	Yes	Yes
	<a href="#">York Electric Cooperative</a> (York)	Yes	
	<a href="#">Dominion Energy</a>	Yes	
	<a href="#">Berkeley Electric Cooperative</a> (Berkeley)	Yes	
	<a href="#">Pee Dee Electric Cooperative</a>	Yes	

## Food Resources

Use the [SC Food Site Map](#) to search meal distribution locations and times in your area!

### Meal Pick-Up

Use the links provided for more details on the following meal distributions.

**For Students:**

[Greenville County Schools](#): Child not required to be present if proof of identity is provided.

[Laurens County Schools](#)

[Pickens County School District](#): Also offering bus stop delivery

[York County United Way \(York\)](#)

**Other:**

[York County United Way \(York\)](#)

[Emergency Senior Nutrition Program \(Richland, Age 60+\)](#)

[Project Host](#)

### Food Pantry

Search All South Carolina [food pantries](#) to find one in your city!

[LowCountry Food Bank](#): Dorchester, Charleston

[Harvest Hope](#): Lee, Darlington, Dillon, Florence, Marion, Newberry, Richland, Lexington, Saluda

[Chesterfield Food Bank](#): Chesterfield

[Golden Harvest Food Bank](#): Barnwell, Allendale, McCormick, Aiken, Edgefield

## Other Resources

Many resources offer assistance across multiple areas including Health, Education, Financial, and Food. See below for more information on resources that may be applicable to you.

		Health	Education	Financial	Food
Other Resources	<a href="#">Trident United Way</a>	Yes	Yes	Yes	Yes
	<a href="#">United Way of York County</a>	Yes	Yes	Yes	Yes
	<a href="#">SC 211</a>	Yes		Yes	Yes
	<a href="#">Community Action (Search by County)</a>		Yes	Yes	